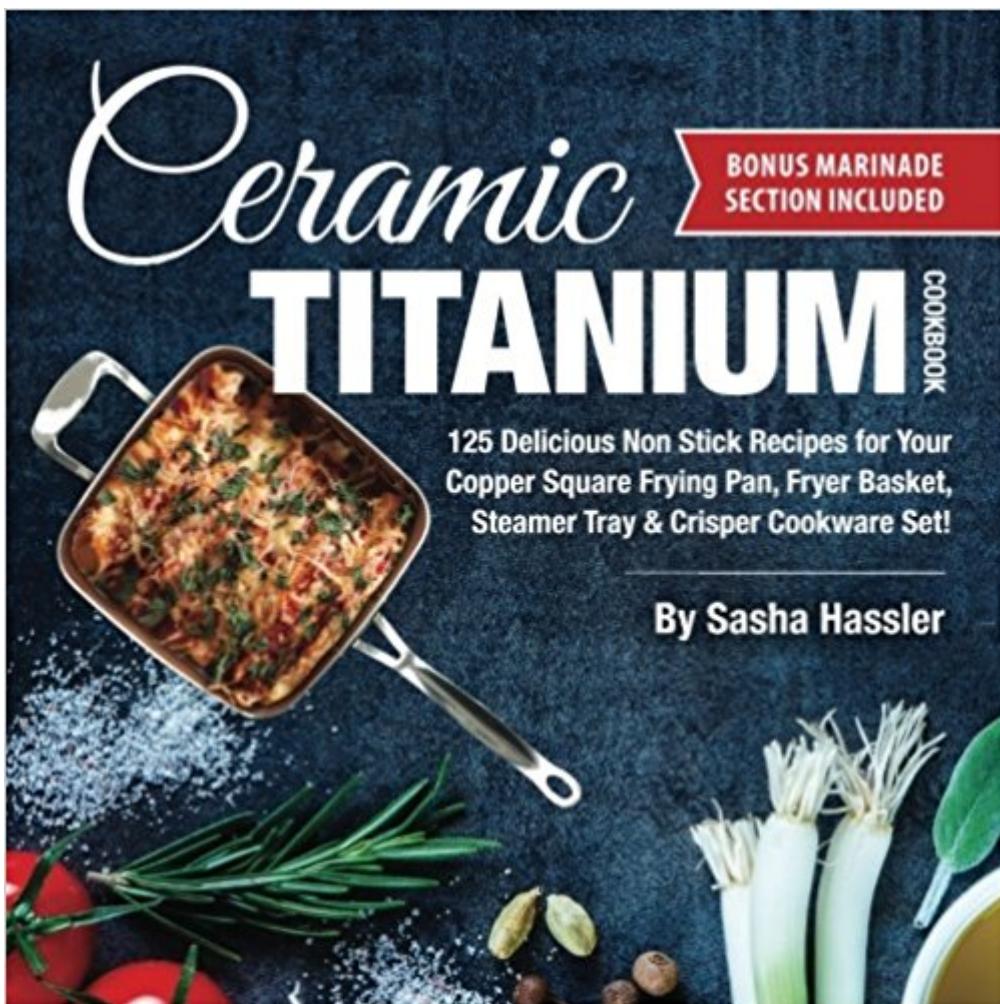


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# Ceramic Titanium Cookbook: 125 Delicious Non Stick Recipes For Your Copper Square Frying Pan, Fryer Basket, Steamer Tray & Crisper Cookware Set! ... For Nutritious Stove Top Cooking) (Volume 1)





## Synopsis

Complete Recipes for the Copper Square or Round Frying Pan, Crisper, Fryer Basket, & Steamer Tray! Now with a New Bonus Sections Added! Popular and Easy-To-Make Recipes For This Non Stick / Ultra Non Stick Pan/Skillet and its Accessories ! SAFE NON STICK COOKWARE IS THE ONLY COOKWARE YOU SHOULD HAVE IN YOUR KITCHEN! If you've recently purchased a non stick titanium skillet or frying pan, then this book can quickly give you the expertise you need to fully enjoy the benefits of non stick cuisine. My Ceramic Titanium Frying Pan Lifestyle Handbook was written for today's reader " quick, short paragraphs with plenty of illustrations and easy-to-understand instructions. And, with over 125 delicious and popular recipes at your fingertips, you'll always have a healthy meal ready for guests and family. Who is this book for? Anyone with a ceramic titanium or copper non-stick frying pan, square pan, copper chef, t-fal non stick pan, induction bottom non stick pan, aluminum non stick pan, nu wave non stick pan, viking pro non stick pan, kitchen aid, cuisinart pan, orgreenic non stick pan, green pan non stick pan, cook n home non stick pan or any other type of non-stick pan or skillet. What's in the book: How to choose the best non stick skillet. How to clean your non stick cookware How to season your non-stick skillets and pans A history of non-stick pan cookware Pro-tips, over 125 popular and deliciously healthy recipes! Here's a Quick Peek of Some of the Recipes in the book for your Copper Square or Round Frying Pan, Crisper, Fryer Basket & Steamer Tray: "œNew Deli Indian Curry Skillet, Sizzling Southwest Sherry Filet Mignon, Garlic And Mushroom Ground Beef Stroganoff, Big Texas Bean And Bacon Burgers, Tender Teriyaki Braised Beef & Broccoli, Juicy Marinated Dijon Quarter Loin, Succulent Pan-Seared Garlic Tenderloin, Thick Stacked Sizzling Burgers On The Stovetop, No Mas Tortilla Burritos, Pan-Fried Bayou Garlic Catfish, Savory Basil Shrimp And Cheesy Gnocchi, Seared Jalapeño Salmon Snap Pea Slaw, Tantalizing Tilapia In Garlic And Fresh Tomatoes, Pan-Fried Garlic Parmesan Tuna Cakes, Zesty Basil Crusted Chicken , Grilled Cowboy Cornbread Chicken, Sizzling Southwestern Cheddar Chicken, Sonoma Mushroom And Wine Chicken, Simply Italian Mushroom Chicken Ravioli, Creamy Thick And Hearty Shepherd's Pie, Sweet And Savory Potato Pizza, Squash And Garlic Eggplant Lasagna, California Meatless Cilantro Quesadillas, No-Sugar Honey Apple Flipped Upside Down Cake, The All American Honey Apple Pie In A Skillet, Milk Dipping Chocolate Chip Cookie, Summer Sweet Berry Ecstasy Delight, Sweet Tart Brown Sugar Pear Pie, Heavenly Orange Vanilla Angel's Food Cake, Warm Backyard S'mores Brownies! We have also added a bonus marinade section with our 10 favorite hand selected marinades that we pulled out of "œOur Play Book" just for you! Every pulsating taste of bliss that you'll every want on your meat is right here at your fingertips! "Now...take your meal and

âœDive in Head Firstâ• to these delicious meat soaking juices! ;)" Start enjoying your new âœUltra Non-Stick Cooking Lifestyle Experience NOW! FREE SHIPPING for Prime members! 100% Money-back guarantee. To order, just scroll back up and click the BUY button!

## **Book Information**

Series: Smart Easy Healthy Lifestyle Recipes for Nutritious Stove Top Cooking

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## **Customer Reviews**

Sasha Hassler & Allison August are A Highly Trained, Self Taught, Private Gourmet Chef That Has Enjoyed Her Craft In The Kitchens Of Many Celebrities And Exclusive Events Of Southern California. She Enjoys Creating New Recipes For An Array Of Categories And Writes Recipes And Books From Their Heart And Soul To Share With You!

Interesting recipes, but no index; way too much introductory material on the advantages of ceramic titanium cookware; seems like Kindle version came first, then paperback edition as a "print on demand" reprint. Possibly worth 3 stars in the (much cheaper) Kindle edition, as it at least is usable with all brands of "copper" cookware (Copper Chef, Red Copper, Gotham Steel).

There are some nice recipes, but not specific to the different types of pans. I was specifically interested in the crisper and was disappointed to not find an area devoted to that pan! I have a lot of great cookbooks and really didn't need another one...I really need a "how to..." Would not recommend this one!

Amazingly easy to clean even when you overcook something. I had to learn to heat the pan before cooking eggs and then reduce the heat to low. Eggs was the hardest thing for me to learn that these pans get hot very quick on my electric stove. I wish that they would provide some recipes that are more typical of the types that we normally cook at home. They certainly have some very good recipes in the cook book. I've had their pans and cook book since July and I love them.

There are 99 non-stick recipes in this book and you get a complete guide for each to prepare and get the taste you want. When we are making non-stick meals I think cooking over high heat should be avoided for a few reasons. First, the higher temperatures are bad for the nonstick coating on the cookware. Over time exposure to high heat will deteriorate the surface. All you need is in this book.

Expected more recipes and less General tips.

love it

Great!

The recipes were not really to my taste, but the pan itself is fantastic.

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